

**F. BRIDGETT RAHIM-WILLIAMS, M.A., M.P.H., Ph.D.**  
**Curriculum Vitae**

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**Education:**

- 12/2004      Ph.D., Applied Anthropology, University of South Florida, Tampa, FL  
Dissertation: African American Women with Type 2 Diabetes:  
Understanding Self-Management
- 12/2003      M.P.H., Public Health Education, University of South Florida, Tampa, FL
- 12/1994      M.A., Health Communication, University of South Florida, Tampa, FL
- 06/1975      B.A., English, Spelman College, Atlanta, GA

**Appointments:**

- 09/2007- Present      Research Assistant Professor  
Department of Community Dentistry and Behavioral Science,  
College of Dentistry, University of Florida, Gainesville, FL
- 10/2006-Present      Claude Pepper Scholar in Aging and Geriatric Research  
Department of Geriatric and Aging Research/Institute on Aging,  
University of Florida, Gainesville, FL
- 10/2005-10/2007      Postdoctoral Pain Research Fellow  
Comprehensive Center for Pain Research  
University of Florida, Gainesville, FL
- 08/-12/2007      Instructor  
"Enhancing the Freshman Experience, First Year Florida,"  
University of Florida, Gainesville, FL
- 01-05/ 2005      Adjunct Instructor  
"*Culture, Health and the Humanities*," Anthropology Department,  
Eckerd College, St. Petersburg, FL
- 01-05/ 2005      Adjunct Instructor  
"*Communication Dynamics*."  
Southwest Florida College, Tampa, FL

08/2002-08 2004 Adjunct Instructor,  
*"Introduction to Anthropology."* Anthropology Program,  
 University of South Florida, St. Petersburg, FL

08-12/2003 Adjunct Instructor  
*"Cultural Anthropology,"* Anthropology Program  
 University of South Florida, St. Petersburg, FL

01-05/2003 Graduate Teaching Assistant  
*"Cultural Anthropology,"* Anthropology Program  
 University of South Florida, St. Petersburg, FL

01-05/2002 Graduate Teaching Assistant  
*"Introduction to Anthropology,"* Anthropology Department  
 University of South Florida, Tampa, FL

08/12/2001 Graduate Teaching Assistant  
*"Urban Anthropology"* Anthropology Program  
 University of South Florida, St. Petersburg, FL

01/2002-12/2003 Preceptor  
 Department of Medical Ethics and Humanities, College of  
 Medicine, University of South Florida, Tampa, FL

**Research and Grant Applications:**

Principal Investigator: "Behavioral and Biopsychological Factors Influencing Functional Independence among African American and non-Hispanic White Women with Type 2 Diabetes," (**Grant application** submitted to the Institute on Aging, Program of Excellence for Interdisciplinary Research Career Development in Aging, University of Florida, Gainesville, FL, 11/2007; pending).

Co-Investigator: "A Community Health Self-Empowerment (CHSE) Program to Increase and Sustain Healthy Cooking and Vegetable Consumption and to Decrease Blood Pressure among Pre-Hypertensive and Hypertensive Low-Income African American Women" (**Grant application** submitted to the Blue Cross/Blue Shield Foundation, 09/2007; pending).

Co-Investigator: "*Oral Health Disparities: Actions Taken for Pain*, Department of Community Dentistry and Behavioral Science, University of Florida (07/2007-Present).

Co-Investigator: "Differences in pain sensitivity and modulation across the lifespan." Community Dentistry and Behavioral Science, University of Florida, Gainesville, Florida (01/2007-10/2007).

Researcher: *"Ethnic Differences in Experimental Pain Sensitivity,"*  
Comprehensive Center for Pain Research, University of Florida,  
Gainesville, Florida (10/2005-10/2007).

Principal Investigator: *"African American Women with Type 2 Diabetes: Understanding Self-Management,"* University of South Florida, Tampa, Florida  
(Dissertation Research, 2001-2004)

Research Associate: AIDS Institute, USF College of Medicine, Tampa, Florida.  
Evaluation of the HIV/AIDS Adolescent Education Project,  
12/2003-05/2004).

Graduate Research Assistant: HOPE VI Urban Housing Project  
Anthropology Department, University of South Florida,  
Tampa, FL. (09-12/2000).

### **Teaching:**

*"Enhancing the Freshman Experience, First Year Florida,"* University of Florida,  
Gainesville, Florida

*"Medical Anthropology: Culture, Health and the Humanities,"* Anthropology Department,  
Eckerd College, St. Petersburg, Florida

*"Introduction to Anthropology."* Anthropology Program, University of South Florida,  
Tampa and St. Petersburg, Florida

*"Cultural Anthropology,"* Anthropology Program, University of South Florida, St.  
Petersburg, Florida

*"Urban Anthropology,"* Anthropology Program, University of South Florida, St.  
Petersburg, Florida

*"Medical Humanities,"* Department of Medical Ethics and Humanities, College of  
Medicine, University of South Florida, Tampa, Florida

### **Peer Reviewed Publications:**

**Rahim-Williams, F. Bridgett,** Riley III, Joseph L., Herrera, Dyanne, Campbell, Claudia,  
Hastie, Barbara A., and Fillingim, Roger B. "Ethnic Identity Predicts Experimental Pain  
Sensitivity among African Americans and Hispanics," PAIN 129;1-2:177-184.

### **Publications Under Review:**

**Rahim-Williams, Bridgett,** Fillingim, Roger B. and Riley III, Joseph L. "Ethnic Group  
Differences in Experimental Pain Sensitivity: A Meta-analysis" (Submitted, The Journal  
of Pain, October 2007).

**Rahim-Williams, Bridgett,** Wilson, Ruth, and Mills, Terry. "Interrupted Lives: African  
American Women Managing Diabetes Mellitus" (Submitted, Social Science and  
Medicine, October 2007).

Riley, III, Joseph L., **Rahim-Williams, F. Bridgett**, Zsembik, Barbara A., Duncan, R. Paul, Gilbert, Gregg H., Heft, Marc W. "Race/ethnic and sex differences in self-care for pain: a substitute for formal health care services? (Submitted, PAIN, July 2007).

#### **Manuscripts in Development:**

**Rahim-Williams, Bridgett**, Riley III , Joseph L., and Nogle, June Marie. "Functional and Emotional Impacts of Orofacial Pain among Adults with Diabetes Across the Lifespan" (in progress).

**Rahim-Williams, F. Bridgett**, Logan, Henrietta, Graham, Michelle, Shuster, Jonathan, Theriaque, Richards, Hanno and Reeves, Westley. "Spiritual Experiences and Religious Coping of African American and non-Latino White Women with LUPUS" (in progress)

#### **Non-referred publication**

**Rahim-Williams, F. Bridgett** "African American Women with Type 2 Diabetes: Understanding Self-Management" (2004, Dissertation).

#### **Presentations**

**F. Bridgett Rahim-Williams**, Joseph L. Riley III, and June Marie Nogle  
"Functional and Emotional Impacts of Orofacial Pain among Middle and Older-aged Adults with Diabetes" (A poster presented at the Diabetes Health Disparities conference, Vanderbilt-Meharry Alliance, Nashville, Tennessee, Nov. 12-13 2007).

**F. Bridgett Rahim-Williams**, Joseph L. Riley, III, Dyanne Herrera, Kathrina Virtusio, Claudia M. Campbell, Barbara A. Hastie, and Roger B. Fillingim, "Heat Pain Sensitivity: Influences of Ethnicity and Gender" (A poster to be presented at the American Pain Society's annual meeting, Washington, DC, May 2-5, 2007).

**F. Bridgett Rahim-Williams**, Joseph L. Riley III, and June Marie Nogle  
"Functional and Emotional Impacts of Orofacial Pain among Middle and Older-aged Adults with Diabetes" (A poster presented at the NIH, National Institute of Diabetes, Digestive and Kidney Diseases conference of the Network of Minority Research Investigators, Bethesda, Maryland, April 18-20, 2007).

**F. Bridgett Rahim-Williams**, Joseph L. Riley III, and June Marie Nogle  
"Functional and Emotional Impacts of Orofacial Pain among Middle and Older-aged Adults with Diabetes" (A poster presented at the Research Day, University of Florida, College of Dentistry, Gainesville, Florida, April 13, 2007).

**F. Bridgett Rahim-Williams**, Joseph L. Riley III, and June Marie Nogle  
"Functional and Emotional Impacts of Orofacial Pain among Adults with Diabetes Across the Lifespan" (A presentation in the Aging Seminar Series sponsored by the Institute on Aging, Department of Aging and Geriatric Research, University of Florida, College of Dentistry, Gainesville, Florida, April 2, 2007).

**Rahim-Williams, F. Bridgett**, Riley III, Joseph L., Herrera, Dyanne, Campbell, Claudia, Hastie, Barbara A., and Fillingim, Roger B., "Ethnic Identity Predicts Experimental Pain Sensitivity in African Americans and Hispanics" (A poster presented at the American Pain Society's annual meeting, San Antonio, Texas, May 3-6, 2006).

**Rahim-Williams, F. Bridgett**, Riley III, Joseph L., Herrera, Dyanne, Campbell, Claudia, Hastie, Barbara A., and Fillingim, Roger B., "Ethnic Identity Predicts Experimental Pain Sensitivity among African Americans and Hispanics" (A poster presented at the University of Florida College of Dentistry's Research Day, Gainesville, Florida, April 2006).

**Rahim-Williams, F. Bridgett**, "Divergent Models of Diabetes Self-Management: African American Women and Diabetes Educators" (A poster presented at the National Institutes of Health/NIDDK/Network of Minority Research Investigators, Bethesda, Maryland, April 2006).

**Rahim-Williams, F. Bridgett**, "Understanding Divergent Models Of Diabetes Self-Management: African American Women and Diabetes Educators" (A poster presented at the University of Florida's Women's Health Day, March 24, 2006)

**Rahim-Williams, F. Bridgett**, "Ethnic Identity Predicts Experimental Pain Sensitivity in African Americans and Hispanics" (A paper presented at the Pain Interest Group Meeting, University of Florida, Gainesville, Florida, August 1, 2006).

**Rahim-Williams, F. Bridgett**, "Understanding the Diabetes Care Management Practices of African American Women and Diabetes Health Educators: Best Practices for Diabetes Care Education and Service Delivery." (A paper presented at the Governor's Conference on Women's Health, May 18-19, 2004, Sheraton World Resort, Orlando, Florida)

Gibson, Robert, Harris, Rochell G., **Rahim-Williams, F. Bridgett**, Herrera, Dyanne, Campbell, Claudia, Rahim-Williams, F. Bridgett, and Fillingim, Roger B., "Ethnicity and Pain: Experimental Pain Narratives" (A poster presented at the American Pain Society's annual meeting, San Antonio, Texas, May 3-6, 2006).

### **Awards**

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| 11/2007 | Travel Award, 5 <sup>th</sup> National Health Disparities Conference, "Diabetes Health Disparities: Determinants, Prevention, Treatment, and Policy, Nashville, TN (\$800.00). |
| 05/2007 | Young Investigator Travel Award, 25 <sup>th</sup> Annual Scientific Meeting, American Pain Society, Washington, DC (\$750.00).   |
| 04/2007 | First Place, Certificate of Award and cash prize, PhD/Post-doctoral Research, Research Day, College of Dentistry, University of Florida, Gainesville, Florida (\$300.00).      |
| 05/2006 | Young Investigator Travel Award, 25 <sup>th</sup> Annual Scientific Meeting, American Pain Society, San Antonio, Texas (\$750.00).   |

**Service:**

10/2007-Present      Committee Member  
Equity and Diversity Advisory Board, Health Sciences Center  
University of Florida  
Gainesville, FL

08/2007-Present      Mentor  
University Minority Student Mentoring Program (UMMP),  
University of Florida, Gainesville, Florida

**Skills**

Laboratory Pain Testing (heat, cold, ischemic and pressure pain)  
SPSS  
Atlas.Ti, Ethnograph  
Focus Group Facilitation  
Pre-Post test Research Design  
Ethnography  
Program Evaluation  
Social Marketing

**Memberships**

Network of Minority Research Investigators (NMRI, National Institute of Health/NIDDK)  
Society for Public Health Education (SOPHE)  
American Pain Society (APS)  
International Association for the Study of Pain (IASP)  
American Anthropological Association (AAA)  
Society for Applied Anthropology (SfAA)  
Society for Medical Anthropology (SMA)  
Women in Academic Medicine (University of Florida)

**Professional Public Health Experience**

**Positions Held:**

Medical Health Care Program Analyst/Coordinator, Health Education Program Manager,  
Program Director, Health Services Manager, Senior Program Specialist, Health Educator  
and Disease Intervention Specialist, and Medical Health Care Program Analyst  
Coordinator/Program Director

**Skills:**

Program and project management; Evaluation of health and social service programs;  
Grant proposals review; Contract negotiation and contract management; Technical  
assistance to community based organizations; HIV/AIDS counseling and testing;  
Development of RFP/ITN bid documents; Budget preparation and administration; Policy  
development and analysis.

References upon request.