

Influenza (Including H1N1) Safety Tips

Look for these symptoms:

FEVER AND

- Cough
- Sore throat
- Runny or stuffy nose

Other symptoms may include:

- Body aches
- Headache
- Fatigue
- Chills
- Diarrhea
- Vomiting

Masks must be worn by all patients exhibiting symptoms as well as the staff and providers who are treating them.



Regular hand washing and cleaning of workspace surfaces (such as counter tops and telephones) is important to prevent flu transmission.

Individuals who are in the following high risk groups may choose to wear masks as a precaution: pregnant, immunosuppressed, transplant patients, chronic lung disease, asthma, diabetes.



Help protect our staff, our providers, and our patients by observing the following guidelines.

- All patients presenting with flu-like symptoms **MUST** wear a mask and be put in an exam room as soon as possible. Be sure signs directing patients to masks are clearly posted in your area.
- If patients displaying symptoms or suspected of having the flu need prescriptions filled, call the pharmacy ahead of time so that the prescriptions will be ready when the patient arrives. Internal numbers for the pharmacies are: SMP (8-8042) and SUF (5-6932).
- Make sure all sanitizer dispensers in the waiting rooms and throughout the clinic remain full. Check them at least once a day.
- UFP Staff who begin to exhibit symptoms must be seen by Occupational Health. If directed to leave work by Occupational Health, staff must please comply with their directive and seek clearance from them before returning to work.